

The Graduate School is pleased to offer an online workshop on communication skills:

Communication gap between students and Supervisors and its impact on productivity

Have you ever pondered why most of the job classifications in any field require good communication skills? And why is communication the most sought-after skill as per the LinkedIn Survey? This workshop is to give you the answer.

To conduct your research effectively, you need to possess good human relations skills in order to discuss problems with your supervisors, peers or other team members, and request information and/or resources. When information is not transferred in the right way or at the right time, your tasks may be incomplete or wrongly done. Goals will not be met and as a result your productivity can go down. Moreover, when the information is not transferred correctly to the right people, there might be some miscommunication and misunderstanding, resulting in mental stress and anxiety.

Lack of effective communication may bring confusion. For instance, sometimes you will think your supervisor said one thing, your team member thinks that he or she said something completely different. In this case, how can you work towards the same goal and increase productivity? Effective communication is crucial; without it, you will not be able to succeed and may even cease to function.

Here in these workshops, we will share tips and techniques that can help you to communicate effectively with your supervisor and other people so that you can increase your overall productivity and save yourself from mental stress and anxiety.

Dates and Time:

Session 1: 9th March 2021 4:00 pm-5:30 pm

Session 2: 12th March 2021 4:00 pm-5:30 pm

(Participants are highly encouraged to apply the tips and techniques suggested in Session 1 and discuss their experience in Session 2)

Venue:

Via ZOOM (Zoom link will be emailed to the participants who have registered at the link below)

Online registration:

Session I - https://hkuems1.hku.hk/hkuems/ec_hdetail.aspx?UEID=73901

Session II - https://hkuems1.hku.hk/hkuems/ec_hdetail.aspx?UEID=73903

Speakers:

Nimisha Vandan, PhD, Founder OKAYMINDS, former Postdoctoral Fellow at The University of Hong Kong in the School of Public Health. One part of her PhD research project focused on the effect of communication on patients' experience and its effect on the patients' health related quality of life. She has done intercultural communication certificate course from HKU. She is certified to conduct Mental Health First Aid and carries certification in Mental Health Literacy.

Dr Amit Wanchoo, CEO SPACE COMMUNICATIONS, is a medical doctor from the Kashmir region of India which has been a conflict zone for decades and has himself been affected by multiple crisis situations. Having witnessed variety of socio-political challenges during his shaping years, he is very committed to help people to solve their issue through communication channels in the community. Also, he has utilized medicine, art and culture as an effective tool for generating mental well-being. He was part of the pioneering work by Medicine sans Frontiers in India for mental health training in Conflict zones.